



HOW TO GET THE APP

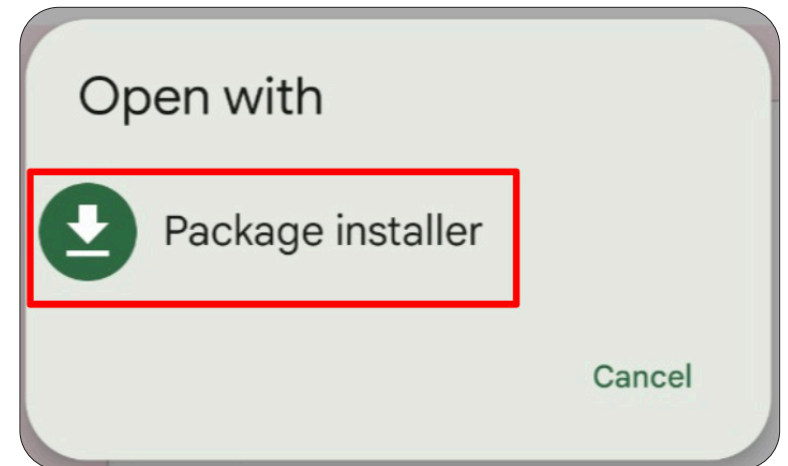
Android Users

This is a step-by-step guide on how to install the Total Gym® Home Fitness app.

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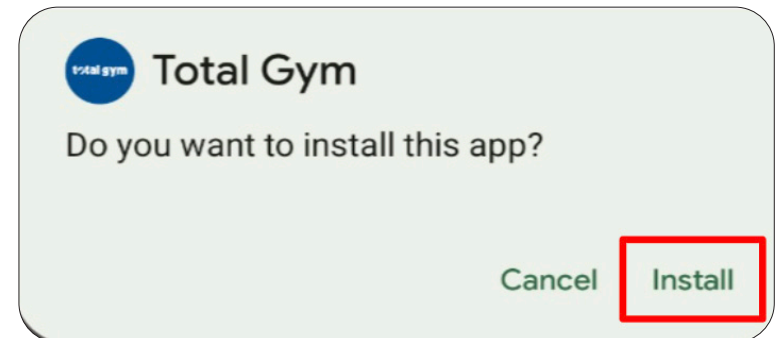
- First, click this link on your phone:
https://drive.google.com/file/d/1FcU5tWzTnh8JaIAInS8_eo9xyAUILN_Q/view?usp=sharing.
- When selecting the link, you will see the “Open with” image to the right.
- Click on the “Package installer” icon to download.
- Please be patient. This can sometimes take a few seconds.



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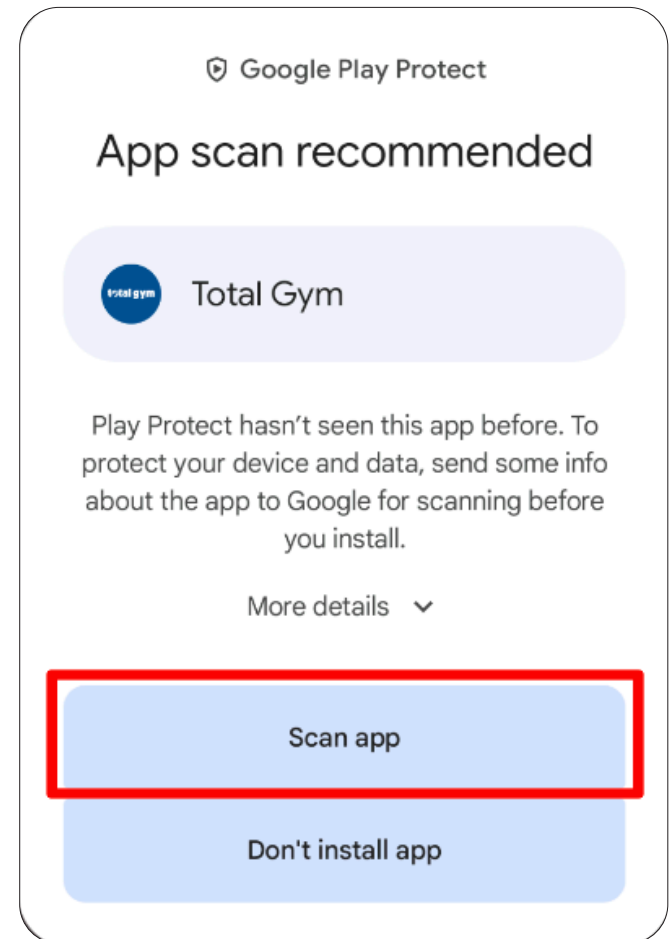
- Select “Install”.



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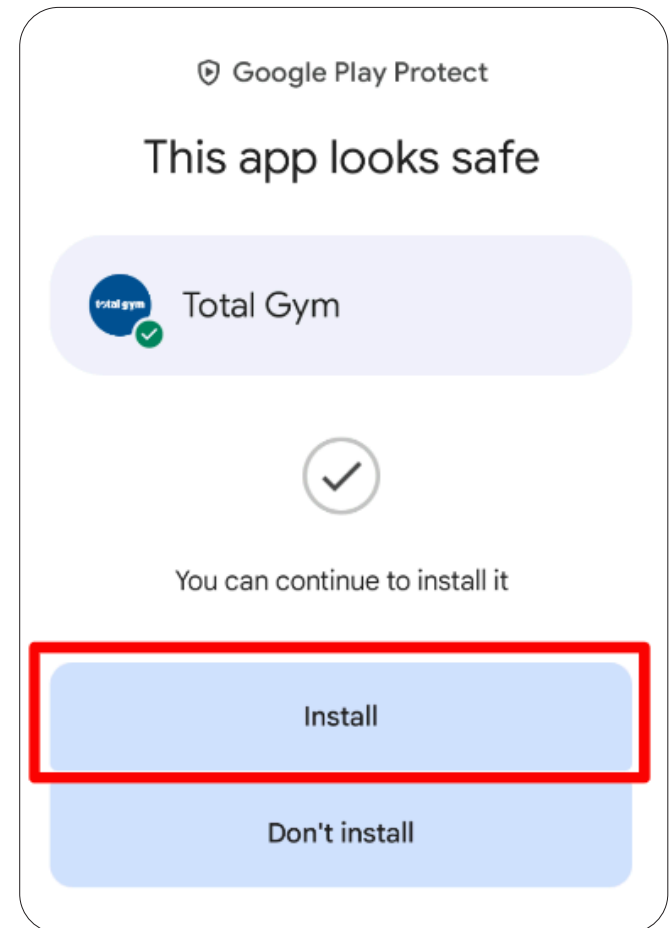
- Occasionally, Google Play Protect will ask you to scan apps.
- Select “Scan app”.



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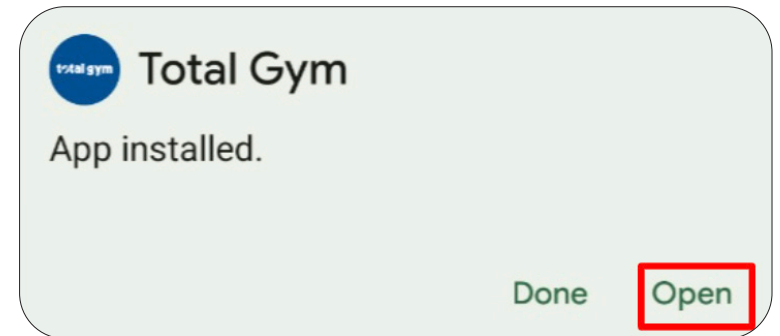
- Select “Install” to continue to install the app.



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- Once app is installed, select “Open”.



HOW TO GET THE APP

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- Select “Get Started”.



- Complete the fields to “Create My Account”.

- Password requires a minimum of 8 characters (including at least 1 uppercase letter, 1 lowercase letter, 1 number & no spaces).
- “Terms of Service” box needs to be checked in order for your account to be created.