



# HOW TO GET THE APP

## iOS Users

This is a step-by-step guide on how to install TestFlight & the Total Gym® Home Fitness app.

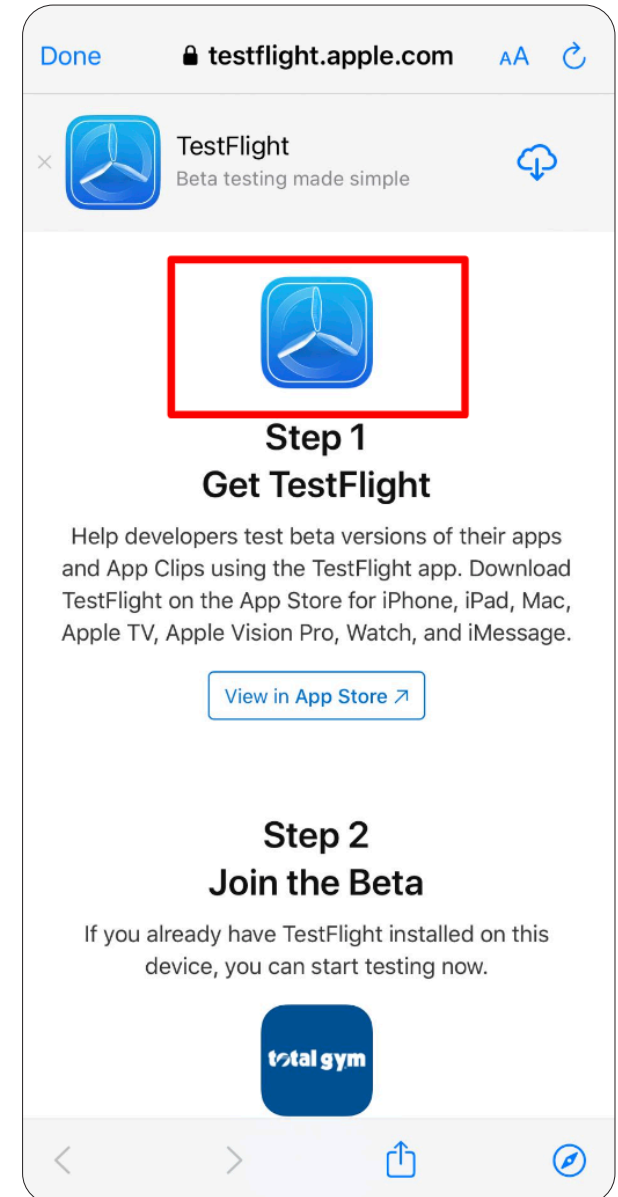
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- First, click this link on your phone:  
<https://testflight.apple.com/join/OBeRPvG6>.
- The link will take you to the screen to the right. Click the blue “TestFlight” icon.

Since the Total Gym® app is not live in the app store, TestFlight is the vessel to get the test version of the Total Gym® app.

Please keep the TestFlight app installed on your phone to access potential updates to the Total Gym® app.

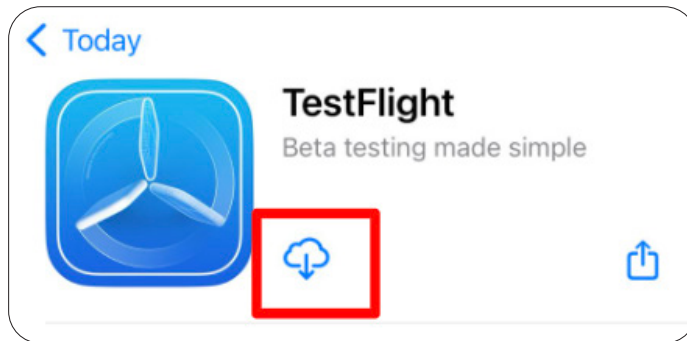


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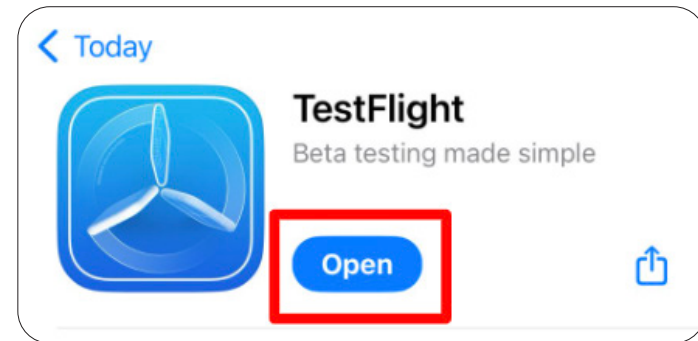
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- In the app store, click the “Download” icon.



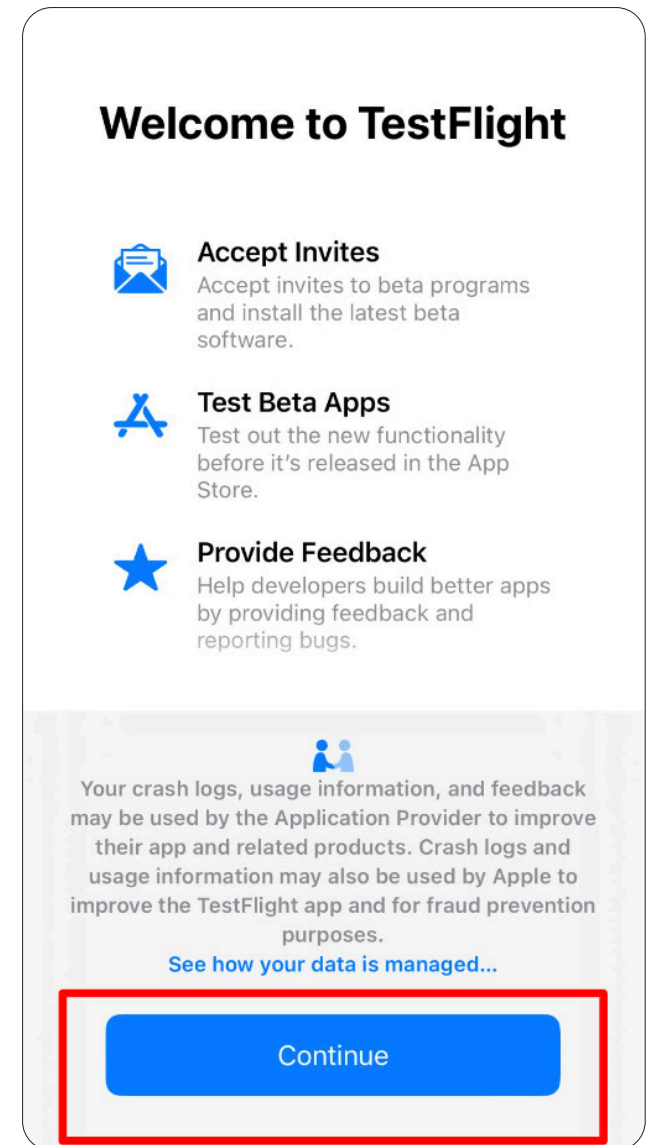
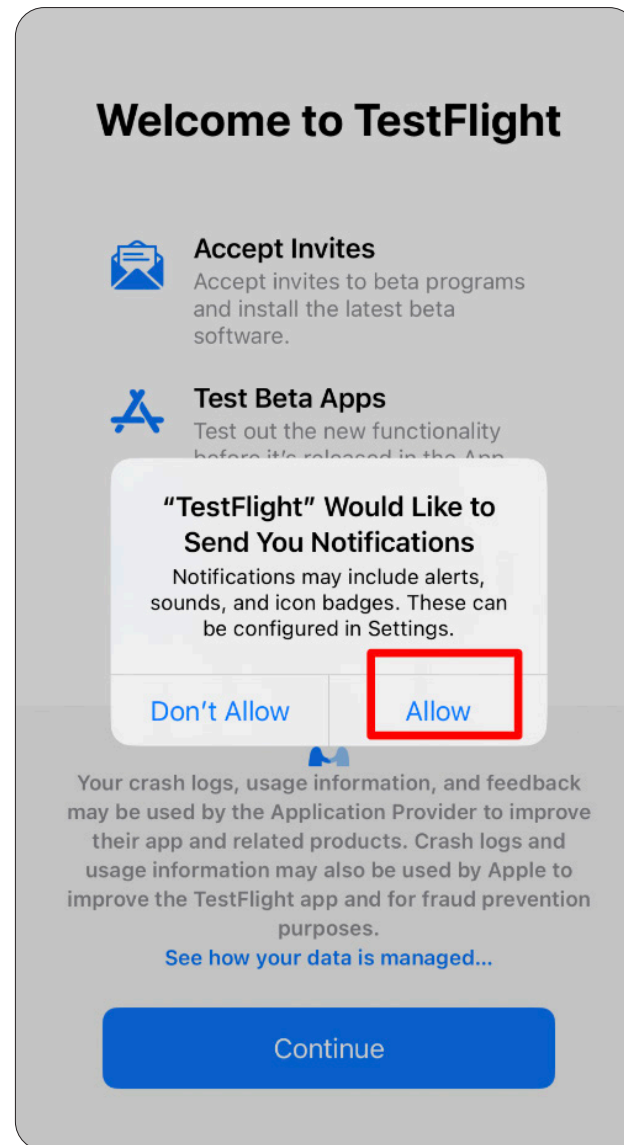
- Then, select “Open” TestFlight.



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- "Allow" TestFlight to send you notifications & "Continue".
- If you do not allow notifications, you will not know when the app needs to be updated.

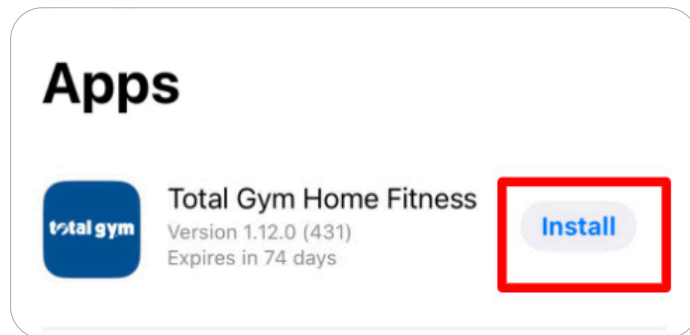


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- Next, select to “Install” the Total Gym® Home Fitness app.



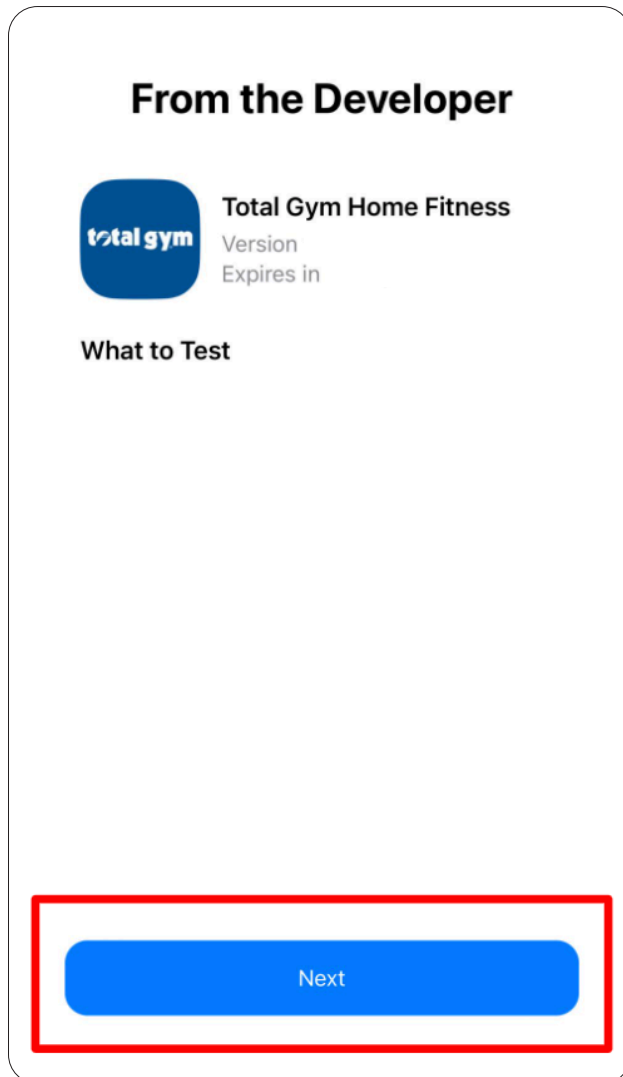
- Then, select “Open”.



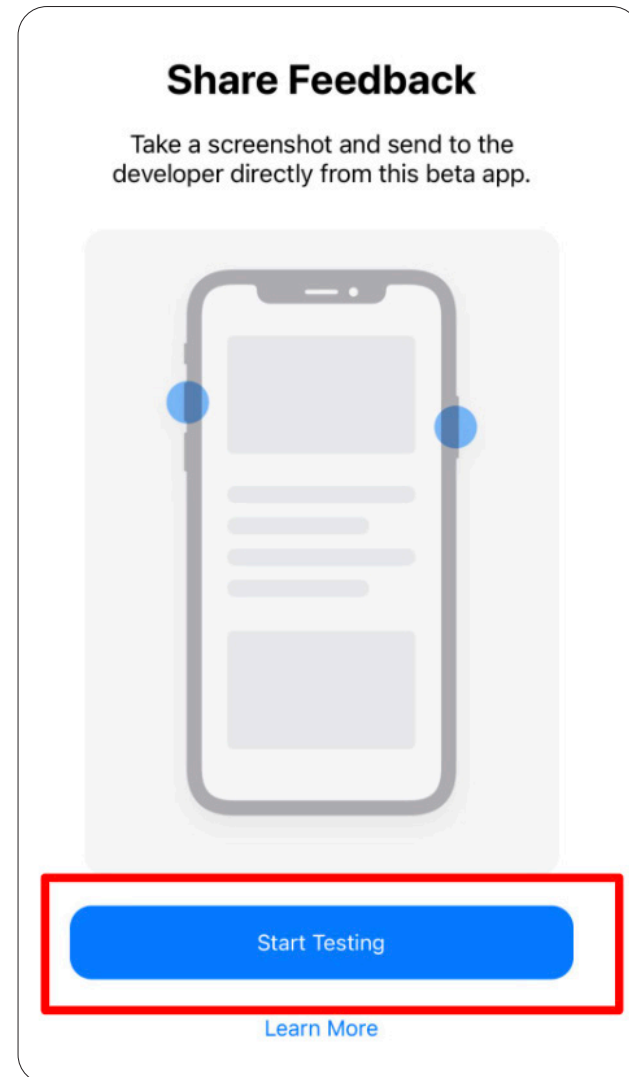
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- Select “Next”.



- Select “Start Testing”.



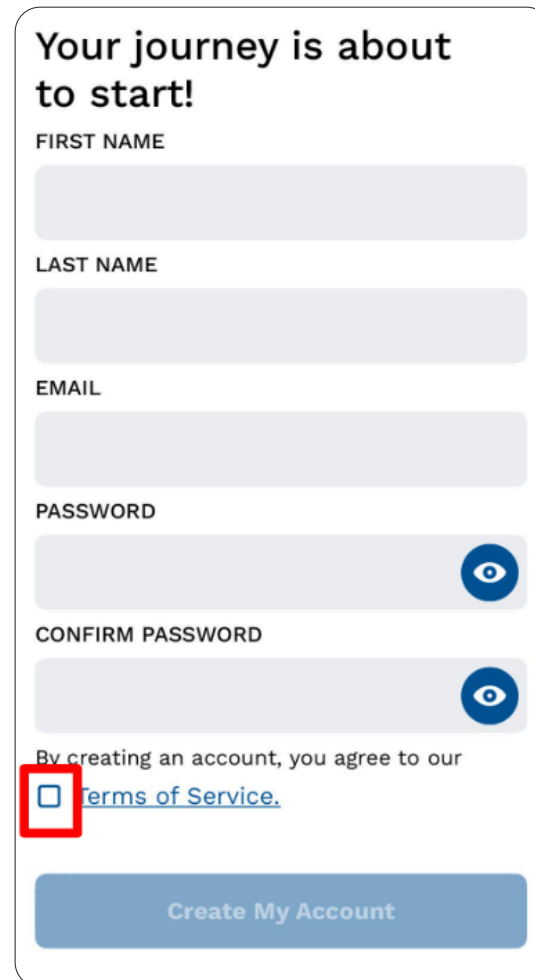
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- Select “Get Started”.



- Complete the fields to “Create My Account”.



Your journey is about to start!

FIRST NAME

LAST NAME

EMAIL

PASSWORD

CONFIRM PASSWORD

By creating an account, you agree to our  [Terms of Service.](#)

Create My Account

- Password requires a minimum of 8 characters (including at least 1 uppercase letter, 1 lowercase letter, 1 number & no spaces).
- “Terms of Service” box needs to be checked in order for your account to be created.